

Healthy Child Programme (HCP)

0-19 years (up to 25 years for children with disabilities)

Kirklees healthy child programme (HCP) 0-19 years – what's it all about?

Key messages

Thursday, 21 April 2016

1. What is the healthy child programme?

The context for the work is set by Professor Sir Michael Marmot's review, [Fair Society, Healthy Lives \(2010\)](#). The review had two aims - *to improve health and wellbeing for all* and *to reduce health inequalities*. To achieve these, the review recommended six objectives, the first and second of which are all about improving outcomes for children and young people:

- Give every child the best start in life, and
- Enable all children, young people and adults to maximise their capabilities and have control over their lives.

2. How does this fit with the Local Transformation Plan

In March 2015, the report of the Children and Young People's Mental Health Taskforce, ['Future in Mind'](#) set out a clear direction to improve children's mental health and wellbeing.

A key recommendation was the development of ['Local Transformation Plans'](#), to promote partnership working and drive improvements in children and young people's mental health and wellbeing over the next 5 years. Extra funding was made available to local areas on the development of Local Transformation Plans to drive sustainable service transformation to improve children and young people's mental and emotional health and wellbeing.

Kirklees was successful in attracting the extra funding.

3. Our vision

Kirklees is a great place to grow up where every child and young person...

- is safe and loved, healthy and happy and free from harm, and
- has the chance to make the most of their talents, skills and qualities to fulfil their potential.

4. What do we want to achieve?

We want to bring together organisations, people and services to develop a shared approach so that...

- every child has the best start in life
- all children, young people and adults maximise their capabilities and have control over their lives.

5. Commissioning services

[The Health and Social Care Act 2012](#) sets out a local authority's statutory responsibility for delivering and commissioning public health services for children and young people aged 5-19 years.

Responsibility for children's public health commissioning for 0-5 year olds, specifically health visiting services and Family Nurse Partnership, transferred from NHS England to local authorities on 1 October 2015.

The move to commissioning of children's public health services by local authorities is an opportunity to take a fresh look at a whole family approach. This means new opportunities for bringing together a robust approach for improving outcomes for children, young people and their families.

6. Kirklees Integrated Healthy Child Programme

The intention is to use the HCP approach for the integration of a range of systems, interventions and services in order to improve outcomes for children, young people, their families and communities, with a focus on mental and emotional health and wellbeing.

The plan covers the whole spectrum of services for children and young people's mental health and wellbeing from health improvement and prevention work, to support and interventions for children and young people who have existing or emerging mental health problems, as well as transitions between services.

7. The commissioning plan

To design and deliver more integrated child and family health services in Kirklees using the framework of the HCP to improve the outcomes for children, young people and their families. The services that are currently delivering elements of the HCP and CAMHS include:

- Health visiting and family nurse partnership (0-5 year old public health resource).
- School nursing (5-19 year old public health resource)
- Children and adolescent mental health service (CAMHS) tiers 2 and 3
- Learning from the pilot Single Point of Access in the CAMHS Transformation Plan
- Children's weight management service
- Healthy vitamin scheme.
- Service supporting vulnerable families with a child under 5 years of age (Previously known as HomeStart)

Commissioners hope that any potential model will be innovative and demonstrate a robust, fully integrated delivery partnership approach. They are intending to encourage collaboration wherever possible.

8. Key design focus

The effectiveness of proposals for delivery of the new HCP model will be assessed according to the degree to which they:

- Integrate resources and Build integrated ways of working
- Focus 'upstream' on improving the agreed outcomes and preventing problems

- Reduce inequalities – proportionate help according to need and available assets
- Improve primary and secondary prevention across life stages
- Build in easy access to advice and help from a range of sources
- Embed 'nurturing parent' and enables parents to develop the 'confidence to care' and children and young people to self-manage (e.g. developing child/parent led care planning)
- Increase independence and decreases service dependency & Re-design support to promote resilience and emotional wellbeing
- Focus on four sources of support: 'Personal Relationships', 'Family (parent carer)', 'Community Capacity', 'Learning Environments'
- Demonstrate a coherent workforce design and development strategy and implementation plan.
- Demonstrate robust information governance and best practice in information sharing, including the potential for shared client record systems
- Support the development of the Learning and Community Hubs
- Promote relationship based approaches
- Ensure a robust support network of partner agencies, including access to advice, consultancy and supervision.

9. Timescales

- Market provider engagement completed by January, 2016.
- Engagement and co-design with children and families completed by June, 2016.
- Stakeholder engagement completed by June, 2016.
- Service specification/tender documents complete by August, 2016.
- Tender process August, 2016 – December, 2016.
- Award contract December, 2016.
- Service implementation – April, 2017.

10 Need more information?

- Alan Turner - HCP Project Manager – alan.turner@Kirklees.gov.uk
- Keith Henshall - Head of Health Improvement - Keith.Henshall@kirklees.gov.uk
- Tom Brailsford - Joint Commissioning Manager(Kirklees Council and CCGs)
Tom.Brailsford@northkirkleescg.nhs.uk
- Karen Poole - Head of Children's and Maternity commissioning -
Karen.Poole@northkirkleescg.nhs.uk
- Alison Cotterill - Integrated HCP 0-5 Programme Commissioning Manager –
Alison.Cotterill@Kirklees.gov.uk
- Carl Mackie- Integrated HCP 6-19 Programme Commissioning Manager –
carl.Mackie@Kirklees.gov.uk